

Biodanza Summer Workshop

With Claire Lewis

Awakening a New Dance

'Lost Dreams Reborn'



Saturday 10 June

10am - 4pm

**Columcille Centre
Morningside, Edinburgh**

As we embrace the potentials of this summers' light, we are also re-gathering aspects of our life that were put on hold or (may feel) lost from the 3 last years we've experienced

This workshop is about giving new life to the 'lost dreams' and bringing coherence to the things we dream of doing and being. In our gathering we will share the blessings that we have discovered through this journey together and awaken a new dance with life, collectively.



Photo: Anna Wiraszka

**Now, more than ever, we need to live together in supportive and caring ways.
Changing our old ways and habits takes the courage to make choices and
walk a new path.**

**To make those choices and rebirth the lost dreams we still hold, we need to
reconnect with our origin: the source of creation, that renovates life through a
dance of vitality, potency, harmony, illumination and love.**

**We will find a renewed identity with these wellsprings of energy that inspire
and initiate a new dance from lost opportunities.**

Looking forward to dancing this new beginning with you, Claire

Experience level: At least one previous class of Biodanza

Bookings Contact Claire: cleveylewis@gmail.com 07909613688

£50 by Friday 2 June

£60 by Wed 7 June

£70 on the day

**Please note that venue costs have increased considerably since December so I have had to
increase the workshop costs. However, there are always a number of concessionary places
available for early bookers so please contact me asap.**

Bank transfer:

Bank of Scotland

Claire Lewis Biodanza

Account: 00121085

Sort Code: 80-17-68