

Welcome to the new term of Biodanza Edinburgh weekly classes

There will be 2 taster sessions at the beginning of term:

Wed 31st Aug & 7th Sept

***these sessions will be a very gentle introduction to the Biodanza technique
with an opportunity to try some dances and ask some questions***

**EVERYONE CAN DANCE! and EVERYONE is
WELCOME!**

all info below



Biodanza Edinburgh Weekly Classes

DANCE into LIFE with JOY!
Activation, relaxation and integration

BORN TO  **TO**
.....
Dance

Every Wednesday
31st AUG to 12th OCT
7.30pm - 9.30pm
LifeCare Centre EH4 1JB

Discover your natural rhythm of life through dance & movement
enjoying fun activation, shared creative expression
and nourishing relaxation

BEGINNERS WELCOME
WWW.BIODANZAEDINBURGH.COM

Dance into life with Joy!

Beginners Welcome

Activation, relaxation and integration

Wed 31st Aug- 12th Oct 2022

7.30pm - 9.30pm

**LifeCare Centre
EH4 1JB**

**Discover your natural rhythm of life through dance and movement
enjoying fun activation, shared creative expression and nourishing
relaxation**

**No dance experience necessary
EVERYONE WELCOME!**

class fees

4 week block: £42

7 week term: £66

£12 (drop in)

Beginners first class £6

Payment:

In cash on the night (individual and block bookings)

By transfer:

Bank of Scotland

Claire Lewis Biodanza

Account: 00121085

Sort Code: 80-17-68